

How To Join!

We will be holding two Registration Sessions on Saturday August 23rd, 9-11am, and Tuesday August 26th, 6-8pm at Rutherford Pool, 975 Congress St. Ypsilanti, 48197.

Directions: From Washtenaw Ave, turn onto Summit at the Water Tower then 4th right onto Congress.

From Michigan Ave, turn north onto Summit, then second left onto Congress.

Our coaches will be on hand to help you find the right group for your swimmer -bring a suit! You will also be able to order team swimsuits at rock-bottom prices! (Tues) (It is not necessary to have a team suit to compete).

If your child will be swimming competitively, you are expected to work at the meets or behind the scenes. Sign-ups for these jobs will be available at registration on a first-come-first-served basis.

For more information, visit our website: www.ypsi-otters.org, email us at ypsiotters@gmail.com or call Vanessa Clarke, at 973-5675. We look forward to hearing from you!

If you would like to join us but are on a low income, please contact us and we will try our very best to help.

YOSC Mission Statement

YOSC is a non-profit 501c(3), multi-faceted swimming organization that aspires to teach, train, and motivate swimmers at all skill levels. We believe that all children should have access to swimming opportunities that reflect their level of interest, and so we support three interrelated swim programs: learn to swim; recreational and developmental; and competitive.

YOSC strives for its swimmers to reach their full potential not only by teaching the skills specific to swimming, but also through reinforcing strong values that apply to all facets of life. Members of our team learn respect, goal-setting, team-building, dedication, and sportsmanship, as well as build self-confidence and character, in an atmosphere of encouragement and instruction. Most of all, our swimmers are proud of themselves and their team, and they develop strong friendships and have fun.

YOSC operates under the sponsorship of the Ypsilanti Public Schools Community Education Department. To the extent possible, YOSC financially supports those families who would otherwise be unable to participate.

www.ypsi-otters.org

Swim with the Otters!



Established in 1960, Ypsilanti Otters Swim Club (YOSC) offers integrated Learn-To-Swim, Recreational and Developmental, and Competitive Swimming Programs, allowing families the best of all worlds -swimmers of all levels can practice at the same time on the same campus*, and smooth transitions can be made from learning basic water skills to acquiring the basic strokes to training for local competitions to swimming at State meets.

A 501c(3) non-profit organization, YOSC believes that swimming should be accessible to all, and cares about the needs of all swimmers. Our programs are family-friendly, family-priced, and make the most of your swimmer at every level.

* see note on locations inside

2008 LOCATIONS -Important Note

PARDON OUR DUST! Due to the renovations at the Estabrook and Ypsilanti High school pools, we will start our Fall 2008 season at Willow Run High School, and Pups classes will be delayed until the Estabrook Pool is reopened. Go to www.ypsi-otters.org for updates. We will return to Ypsilanti High School Pool as soon as work is completed.

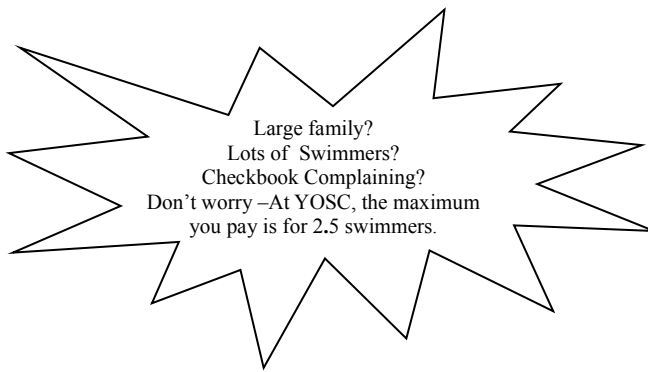
Beginners Start Here: Pups

Our Pups Program starts right at the very beginning with water confidence skills in the warm, shallow pool at Estabrook School. Children are taught to put their faces in the water, and use their arms and legs effectively to produce swim strokes. Two 45 minute classes are available per week, attend one or both.

~~~ course length and price tba ~~~

### **Keep Swimming: Junior Otters**

Swimming in the shallow end of the pool, Junior Otters learn different strokes and dives, and continue to work on breathing and crawl, aiming to swim one length with a consistent stroke and sustainable breathing pattern. Three 60 minute classes are available per week, attend as many or as few as you like. 13 weeks. \$140



### **Ready to Swim some Laps?**

Then it's time to join our *Development Program*. At practice, swimmers work on all four main strokes, as well as starts and turns. Interval-based aerobic training is also introduced. Most swimmers in this program compete in our tri-county SMSL (Southern Michigan Swim League) meets, although this is not mandatory. There are 5 SMSL dual meets per season, then we compete in all-team championships. Each dual meet has a featured stroke or event, so swimmers gain experience in all four main strokes throughout the season. Four 60 minute practices are available per week. 13 weeks. \$180.

### **Ready to get serious?**

Then move on up to our *Pre-Competitive Program*. More dry-land work, increased yardage,

and race strategy are added to the program to prepare you for the next level. Four 90 minute practices are available per week. 13 weeks. \$200.

### **Want to Swim at the Olympics? Or for your school? Or just as fast as you can?**

Then you need our *Competitive Program*. Serious training for serious swimmers. As well as the local tri-county dual meets, many of our competitive swimmers swim at USA meets -the foremost national association of amateur swimming.

In addition to advanced drills for the four main strokes, starts and turns, you'll receive training in race strategy, interval-based aerobic training and anaerobic training.

Competitive Swimmers train at the Ypsilanti High School pool for 2.5 hours (including dry-land training), five times per week. 13 weeks \$240.

**NEW for 2008:** All fees include a team shirt which we will tie-dye at a fun social event. Team swim caps are also provided free of charge.

[www.ypsi-otters.org](http://www.ypsi-otters.org)  
[ypsiotters@gmail.com](mailto:ypsiotters@gmail.com)